

The Winterton Federation Medium Term Plan

(see short term lesson plans / scheme of work for greater detail)

Term: Autumn Term

Year Group: 6

SUBJECT/SESSION	PE	
1	Invasion Games Skills	To refine basic skills. All children can participate in a game. Most children can execute basic skills consistently. Some children can apply basic skills to game situations.
2	Skills	To refine basic skills. All children can participate in a game. Most children can execute basic skills consistently. Some children can apply basic skills to game situations.
3	Original game	To develop new invasion game. All children can work as part of a team. Most children have some creative input into creation of game. Some children can demonstrate leadership and evaluation skills.
4	Developing rules	To develop a new invasion game. All children can perform skills in a game situation. Most children can evaluate own performance in a game. Some children can evaluate game and make appropriate changes.
5	Developing tactics	To develop a new invasion game. All children can adapt skills to new game situations. Most children can participate effectively in any game situation. Some children can implement defensive and offensive tactics in games.

6	Attack vs Defence	<p>To perform skills in a game situation.</p> <p>All children can show awareness of principles of attack and defence.</p> <p>Most children can demonstrate skills to participate effectively in games.</p> <p>Some children show a high level of awareness of game principles and can show high levels of skill and control.</p>
7	<p>Athletics Indoor</p> <p>Jumping (week 1 and 2 in the scheme of work)</p>	<p>To select appropriate skill for events,</p> <p>All children can complete challenges.</p> <p>Most children select appropriate technique independently.</p> <p>Some children develop an idea to improve performance.</p> <p>To develop jumping technique.</p> <p>All children show some improvement in jumping.</p> <p>Most children evaluate own performance.</p> <p>Some children evaluate performance of others and suggest improvements.</p>
8	Heptathlon and decathlon (week 3 and 4 in the scheme of work)	<p>To select and apply appropriate technique.</p> <p>All children use good technique in all events.</p> <p>Most children show high levels of performance in some events.</p> <p>Some children show high levels of performance in all events.</p> <p>To improve on a performance, to show determination.</p> <p>All children show improvement.</p> <p>Most children can explain how they have improved.</p> <p>Some children can explain how to improve performance further and how to maintain high levels of performance.</p>
9	Endurance running/Throwing (week 5 and 6 in the scheme of work)	<p>To run endurance race effectively.</p> <p>All children can sustain a run at an appropriate pace.</p> <p>Most children can adapt pace at race situation.</p> <p>Some children use knowledge of tactics in a race situation.</p> <p>To refine throwing techniques.</p> <p>All children can use good techniques when throwing.</p>

		<p>Most children can consistently use good technique. Some children comment on improvement in themselves and others.</p>
10	OAA - Bench work	<p>Children to use verbal / non-verbal communication to work as a team. Children will begin to solve physical problems. Children will need to listen carefully to instructions.</p>
11/12	OAA - Assault course	<p>Children to use verbal / non-verbal communication to work as a team. Children will begin to solve physical problems. Children will need to use apparatus to solve spatial tasks</p>