

Winterton Junior School Medium Term Plan

(see short term lesson plans / scheme of work for greater detail)

Term: Autumn Term

Year Group: 2

SUBJECT/SESSION	PE	
1	Object control. Rolling to self and partner.	Children to roll and control with some accuracy and consistency. Children to self and peer evaluate.
2	Sending and receiving.	Children to use equipment to send and receive. Children can use a variety of equipment with increasing control.
3	Control.	To control a ball whilst moving. Children can change direction whilst moving an object. Children to increase speed, change direction and control an object.
4	Keeping control (dribbling).	To control a ball whilst moving. Children can change direction whilst moving an object. Children to increase speed, change direction and control an object.
5	Keeping control (balance).	To use equipment to balance an object. Children to be able to move with an object and begin to control different objects. Some children to use both hands effectively.
6	Receive on the move.	To send/receive and control an object on the move. Children to control an object effectively. Children to control an object at speed. Some children can fluently control an object at speed.

7	Athletics Indoor. Jumping.	Children to know basic technique of jumping for distance. Children to know the principles of jumping and can demonstrate this. Some children can consistently show good technique.
8	Jumping.	Children to know basic technique of jumping for height. Children to know the principles of jumping and can demonstrate this. Some children can consistently show good technique.
9	Running.	Children to develop an awareness of a running technique. Children can run with good posture. Children to evaluate with a partner. Children can adapt performance based on their evaluation.
10	Running.	Children to use an effective running technique. Children to be able to use a good technique in a race. Children to apply technique with speed.
11	Throwing.	Children to throw with accuracy. Children to begin to use a good throwing technique. Children to throw an object with increased accuracy. Some children can consistently throw with accuracy.
12	Throwing.	Children to throw with power. Children to know the difference between power and accuracy. Children to use good technique when throwing for distance. Some children can consistently throw with power, technique and accuracy.