

Wednesday 29th September 2021

Dear Parents and Carers,

We now have a few cases across the Winterton Federation schools that have tested positive for COVID-19. Current government guidance is that children under the age of 18 years and 6 months do not have to self-isolate if they have been in contact with a positive case.

Symptoms of coronavirus (COVID-19) are:

- a new continuous cough
- a high temperature
- loss of, or change in, their normal sense of taste or smell (anosmia).

Alongside these symptoms, sickness, headaches and cold are also common more recently. Anyone with symptoms is eligible for a PCR test and can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.

I ask that all Parents and Carers stay vigilant to the signs and symptoms of COVID-19 and to use the Lateral Flow Device tests with their children on a regular basis. These are available from local chemists and the NHS. If your child develops symptoms then please do not send them into school and organise a PCR test for them and advise us of the result.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Stay safe everyone.

Mrs Cathy Logan Executive Headteacher

The Winterton Federation

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